

OKRA SHRIMP & GRITS



Breaded Southern Style Okra with Cajun-spiced shrimp, served on creamy grits with Louisiana hot sauce, garnished with sliced scallions. Yield: 2 Servings

Ingredients:

8 Each	Breaded Southern Style Okra [#0129920], Prepared According to Package Directions
2 Cups	Water
½ Cup	Grits
To Taste	Salt

1 Tbsp.	Butter
1 Tbsp.	Vegetable Oil
4 Each	Shrimp
1 Tbsp.	Blackened Seasoning
To Serve	Louisiana Hot Sauce
Garnish	Scallions, Sliced

Directions:

- 1. In a small saucepot, bring the water to a simmer over medium-high heat.
- 2. Stir in the grits and salt until there are no lumps, then simmer for 6–8 minutes, or until creamy.
- 3. Fold the butter into the grits until it is melted.
- 4. In a small sauté pan, heat up the vegetable oil on medium-high heat.
- 5. Coat the shrimp in the blackened seasoning, then sear in the vegetable oil for 3–5 minutes, or until desired doneness.
- 6. Place the grits in a serving dish and top with the blackened shrimp and **Breaded Southern Style Okra.**



